

ALL ABOUT

**CANCER
SCREENING**



INDIANA UNIVERSITY
MELVIN AND BREN SIMON COMPREHENSIVE CANCER CENTER
COMMUNITY OUTREACH AND ENGAGEMENT



INDIANA
CTSI Clinical and Translational
Sciences Institute

WHAT IS CANCER SCREENING?

Cancer Screening is when you complete a test that looks for signs of cancer before you have symptoms giving you the best chance for early detection



WHY SCREENING IS IMPORTANT

- Can find cancer before symptoms appear
- Increases your chances to cure the disease
- Can find cancer before it spreads
- Normal results can be reassuring



COST OF SCREENING

- Preventative screenings are covered at 100% by most insurance
- If the removal of cancerous cells is necessary there may be a charge for that



- Indiana offers free breast and cervical screening for those without insurance or those underinsured who meet the benefit requirements

**Learn about
Indiana's
screening
program here**





TYPES OF SCREENINGS

Imaging Testing

These tests look at the inside of your body through scanning technology.

Physical Examination

This is done by a healthcare provider during regular checkups. They may check your body for changes, ask about healthy habits, and family history.



Laboratory Test

These tests normally involve taking a small sample from your body, for example a small blood sample.

Genetics Test

These tests are completed if your family has history of a cancer that might be passed to future generations.



COMMON CANCERS TO BE SCREENED FOR

Breast

Breast Cancer screening or Mammogram is an X-ray of the breast. This should begin at age 40 and should be done every 2 years.

Cervical

Cervical screening is a laboratory test for people with a cervix (female at birth) that should be done starting at the age of 21 and at least every 3 years after initial screening.

Lung

Lung Cancer screening is an imaging test of the lungs. It should be done if you have a history of smoking or are 50+ years old.

Prostate

This is often a blood test that may be recommended beginning at the age 55 for males. Please speak with your doctor to see if this screening is right for you.

Colorectal

Testing for colorectal cancer can be done through a sample or imaging and should be done beginning at the age 45 for all genders.



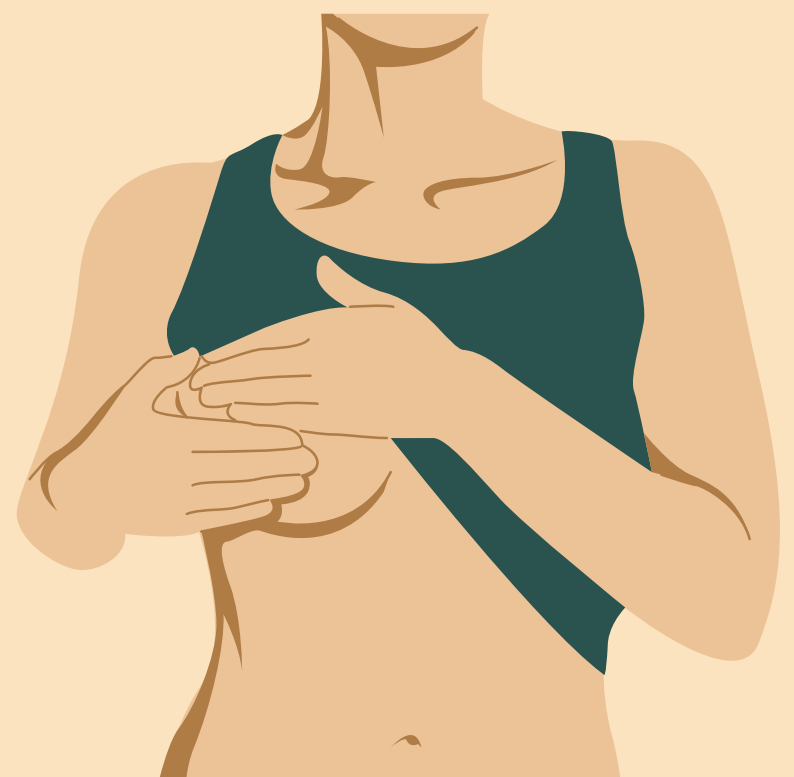
**Learn more
about other
cancers and
screenings here**

BREAST AND TESTICULAR SELF EXAM

Self-exams can easily be done at home for early detection of breast cancer and testicular cancer. It should be done once a month as the more it is done the better you will begin to understand your body.

Learn how to
complete a
testicular self
exam [here](#)

Learn how to
complete a
breast self
exam [here](#)



TAKE ACTION

- Ask your doctor about cancer screenings.
- Learn how to get screened if you don't have a doctor here.
- Ask your family about their history with cancer and screenings.



THANK YOU FOR READING

Resources

<https://cancer.iu.edu/community/race-to-beat-cancer/index.html>
<https://my.clevelandclinic.org/health/diagnostics/24118-cancer-screening>
<https://my.clevelandclinic.org/health/diagnostics/testicular-self-exam>
<https://www.breastcancer.org/screening-testing/breast-self-exam-bse>



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