New Member

WELCOME

packet

Cardiovascular & Diabetes Coalition of Indiana

A Connections IN Health Initiative
Dear Member,

Welcome to the Cardiovascular & Diabetes Coalition of Indiana (CADI). CADI has a long-standing history in the state of Indiana for bringing partners together to improve the lives of Hoosiers through the reduction of cardiovascular-related diseases, diabetes and stroke. We know that as a coalition, our strength and ability to make an impact across the state is dependent upon our members. This packet is intended to help you become familiar with how being a member can benefit your work and have a positive impact in your community and across the state. We appreciate your time, dedication, and interest as we work to reduce the burden of these chronic conditions in our state. I look forward to the change we can create together!

In partnership,

Aliya Amin, MPH
Coalition Lead, Cardiovascular & Diabetes Coalition of Indiana
TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Member Benefits</td>
<td>4</td>
</tr>
<tr>
<td>Accomplishments</td>
<td>5</td>
</tr>
<tr>
<td>What's Next</td>
<td>6</td>
</tr>
<tr>
<td>Our Mission, Vision, and Values</td>
<td>7</td>
</tr>
<tr>
<td>About the Cardiovascular &amp; Diabetes Coalition</td>
<td>8</td>
</tr>
<tr>
<td>Membership Network</td>
<td>9</td>
</tr>
<tr>
<td>Meetings &amp; Membership</td>
<td>10</td>
</tr>
<tr>
<td>Workgroups</td>
<td>11</td>
</tr>
<tr>
<td>Connect with Us</td>
<td>12</td>
</tr>
<tr>
<td>Contact Information</td>
<td>13</td>
</tr>
<tr>
<td>About Connections IN Health</td>
<td>14</td>
</tr>
<tr>
<td>About CTSI</td>
<td>15</td>
</tr>
</tbody>
</table>
MEMBER BENEFITS

Why Join CADI...

The Cardiovascular & Diabetes Coalition of Indiana offers its members unique opportunities to...

- Network with professionals and experts across the state
- Stay up to date on information related to the health and quality of life of Hoosiers
- Engage in professional development opportunities
- Access research-based resources to improve the health of Hoosiers
- Highlight and share your work
- Learn best practices in a collaborative setting
In 2021, CADI held professional development sessions that covered topics such as grant writing and strategic doing - sessions that were mindfully selected by gaining feedback from CADI members to determine their topics of interest.

In February 2021, CADI commemorated American Heart Month with "Heart Health Impacts More than the Heart," a webinar that discussed the link between heart disease and diabetes featuring some of our amazing partners.

CADI also kicked off community projects with Vermillion, Grant and Blackford Counties, with Washington and Lake County projects on the horizon!
WHAT’S NEXT?

CADI will continue to have a positive impact by...

- Strengthening and supporting community-led projects
- Continuing to offer relevant professional development opportunities
- Increasing the coalition's focus on health equity, and diversity, equity & inclusion
- Collaborating with partners to implement the Healthy Heart Ambassador Blood Pressure Self-Monitoring Program statewide
- Sharing research based best practices with coalitions across the state to promote healthy living
- Establishing a formal partnership with Indiana Black Barber Shop Initiative
- Participating in the Ask the Question campaign
WE are an alliance of partners and volunteers from across the state who are committed to reducing the burden of cardiovascular-related diseases, diabetes and stroke through:

**OUR MISSION**
We are an alliance of partners and volunteers from across the state who are committed to reducing the burden of cardiovascular-related diseases, diabetes and stroke through:

- **Education**
- **Awareness**
- **Advocacy**
- **Collaboration**
- **Access to Care**

**OUR VISION**
We envision a healthier Indiana, free of preventable cardiovascular related diseases, diabetes and stroke.

**OUR VALUES**
We value inclusiveness, empowering others, adapting to the community needs, addressing disparities in healthcare and connecting communities.
Established in 2004, the Diabetes Advisory Council at the Indiana Department of Health (IDOH) created a comprehensive statewide plan to reduce the burden of disease. In September of 2011, Diabetes Advisory Council expanded its scope to include cardiovascular-related disease and stroke, and the Cardiovascular and Diabetes Coalition of Indiana (CADI) was formed.

CADI helped to develop the Better Together Plan (BTP) in 2015. This plan sought to comprehensively address all three chronic diseases and was launched in 2016. The three main goals of the BTP were:

- All Hoosiers are living risk free of risk factors for heart disease, stroke, and diabetes.
- Individuals with increased risk levels for disease do not develop heart disease, stroke, or diabetes.
- Individuals with heart disease, stroke, or diabetes experience improved quality of life.

CADI has also started to implement and train community partners on the Healthy Heart Ambassadors Program, a self monitoring blood pressure program.

CADI looks forward to helping decrease the burden of cardiovascular diseases, diabetes, and stroke around the state through education, collaboration, awareness, advocacy, and access to care.
Are you included in our membership map? Is your county represented in the CADI network? Ask us how you can get connected with members in your area!

*Map represents July, 2021 data*
MEETING SCHEDULE & MEMBERSHIP

Coalition meetings occur on the second Thursday of odd months at 2pm EST.

Members who have completed the membership inquiry should receive a calendar invitation with a zoom link from Connections IN Health, CINH@iu.edu. Reach out to Aliya Amin at ajamin@iu.edu with any questions.

MEMBERSHIP TIERS

General Membership (Entry Level) - General Members receive general information and periodic information from the coalition via email or social media.

Partner Membership (Mid-Level) - Partner Members actively attend coalition meetings, participate in a discussion around coalition activity and direction in addition to the previous level.

Active Membership (High Level) - Active Members participate in the coalition workgroups, which seek to engage in coalition activities that propel the current strategic direction that has been approved by the coalition in addition to the previous levels.
WORKGROUPS

**Steering Committee**

The CADI Steering Committee is comprised of ten coalition members with experience in the clinical and public health fields. The group meets twice per month to evaluate and set goals, establish workgroups to meet and sustain the needs of the coalition, and discuss the overall direction and effectiveness of the coalition.

**Evaluation Committee**

Responsible for reviewing and evaluating coalition activities as outputs of logic model

**Membership and Community Outreach Committee**

Responsible for engaging membership at each level and connecting with potential members for more diverse representation on the coalition

**The Healthy Schools Action Team**

**MISSION:**

The Healthy Schools Action Team is a group of organizations that work in partnership with Indiana schools to create healthier environments where all can thrive.

**VALUES:**

The Healthy Schools Action Team creates healthier school environments through

- **Collaboration:** Encouraging and assisting in building lasting partnerships among organizations and local education agencies as they strive to improve the health of their students.
- **Whole Child Awareness:** Utilizing the Whole School, Whole Community, Whole Child model as a tool to further integrate a student-centered learning environment.
- **Health Equity and Access:** Addressing barriers to accessing resources related to physical, emotional, and behavioral health wellness.
- **Advocacy:** Changing the culture and climate of the school environment through education and empowerment.
Are you following us on Facebook and Linkedin @ConnectionsINHealth?

Are you included in our membership map?

Are you receiving our quarterly newsletter, The Connection?

Do you know anyone else who might be interested in joining the coalition? Send them our Membership Inquiry.

Have you listened to our podcasts?

Are you interested in learning more about coalition resources?

Have you visited the Connections IN Health website to learn more about CADI and our other initiatives?
Thank you for your interest and the work that you are currently doing to make an impact on addressing chronic disease in Indiana. We are excited to have you on our team!

If you have further questions, please contact Aliya Amin by emailing ajamin@iu.edu

This project was funded, in part, by grant(s) NUE1EH001382, NU58DP006525, and/or NB01OT009281 from the Centers for Disease Control and Prevention and with support from the Indiana Clinical and Translational Sciences Institute funded, in part by Award Number UL1TR002529 from the National Institutes of Health, National Center for Advancing Translational Sciences, Clinical and Translational Sciences Award. The views expressed in written conference materials or publications and by speakers and moderators are solely the responsibility of the author(s) and do not necessarily reflect the official policies or views of the Department of Health and Human Services or the National Institutes of Health nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.
About Connections IN Health

Connections IN Health supports stakeholders, organizations, advocates, and residents as they come together to improve health and address chronic diseases. Connections IN Health facilitates collaboration within communities by connecting stakeholders with evidence-based practices, identifying funding sources, and addressing health equity for all.

In 2018, CADI joined two other statewide health coalitions to form the Connections IN Health project, housed in the Indiana Clinical and Translational Sciences Institute as a part of the Community Health Partnerships Program. This team brings experts focused on some of Indiana's most challenging chronic conditions together to partner with residents, stakeholders, organizations, and advocates to improve health by providing evidence-based strategies that address chronic disease and the social determinants of health.
The Indiana Clinical and Translational Sciences Institute (CTSI) brings together the state’s brightest minds to solve Indiana’s most pressing health challenges through research. It is a statewide partnership among Indiana University, Purdue University, the University of Notre Dame, and numerous life sciences businesses, government entities, and community organizations. The Indiana CTSI engages with the public at every level of research—from basic science to patient care. It has been continuously funded by multimillion-dollar grants from the National Institutes of Health since the Indiana CTSI’s founding in 2008 and is housed at the Indiana University School of Medicine. For more information, visit indianactsi.org.