



Community Health
Partnerships

Indiana Clinical and Translational
Sciences Institute

New Member
WELCOME
packet

**Hoosier Health &
Wellness Alliance**

A Connections IN Health Initiative





Community Health Partnerships

Indiana Clinical and Translational Sciences Institute



Welcome to the Hoosier Health & Wellness Alliance, a Connections IN Health Initiative

Dear Member,

Welcome to the Hoosier Health and Wellness Alliance (HHWA). The coalition seeks to increase positive health outcomes within Indiana by providing support and effective strategies needed to maximize local impact. We know that as a coalition, our strength and ability to make an impact across the state are dependent upon our members. This packet is intended to help you become familiar with how being a member can benefit your work and have a positive impact in your community and across the state. We appreciate your time, dedication, and interest as we work together to improve health outcomes in Indiana. I look forward to the change we can create together.



Sincerely,

Antonia Sawyer, MS

Coalition Lead, Hoosier Health and Wellness Alliance

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HOOSIER HEALTH & WELLNESS ALLIANCE

MEMBER BENEFITS

Why join HHWA...

The Hoosier Health and Wellness Alliance offers its members unique opportunities to...



Network with professionals and experts across the state



Stay up to date on information relating to the health and quality of life of Hoosiers



Engage in professional development opportunities



Access research-based resources to improve the health of Hoosiers



Highlight and share your work



Learn best practices in a collaborative setting

RECENT ACCOMPLISHMENTS

Some of the Hoosier Health and Wellness Alliance's most recent accomplishments include offering a wellness podcast, hosting the Positive Links conversation, and kicking off their Feature Friday project.

In 2021, The HHWA began hosting a podcast series that covered topics from minority health to mental health to substance use. Each of these conversations was lead by community leaders and experts who were able to discuss the topic on an engaging platform.

The Positive Links conversation links physical activity and nutrition to substance use disorder recovery. This presentation offered valuable resources and information that can be utilized by both clinicians and community members.

HHWA's Feature Friday project is an initiative that seeks to highlight coalition members and their important work. Each month a new feature is shared across multiple platforms and shines a light on the coalition's incredible and impactful membership.



WHAT'S NEXT

The future of the HHWA includes plans to build a strategic plan for the coalition, expand capacity-building efforts around the built environment, develop innovative ways to share the expertise of members, and increase our level of community engagement.

We strive to continue creating collaborative and long-lasting relationships with all Hoosiers we meet and provide a level of expertise that decreases risk factors and promotes health.

We are accomplishing these goals by...



Establishing a formal partnership with the Indiana Black Barbershop Initiative



Developing new working groups



Participating in the Ask the Question campaign



Coordinating the Enhancing the Value of Public Spaces workshops with local partners



Planning a 2022 Food Justice Summit



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OUR VISION



To enhance the well-being and quality of life for all Indiana residents.

OUR MISSION



The Hoosier Health and Wellness Alliance strives to increase positive health outcomes within Indiana communities by providing the support and effective strategies needed to optimize local impact.

OUR VALUES



Collaboration



Education



Health Equity

ABOUT HOOSIER HEALTH & WELLNESS ALLIANCE



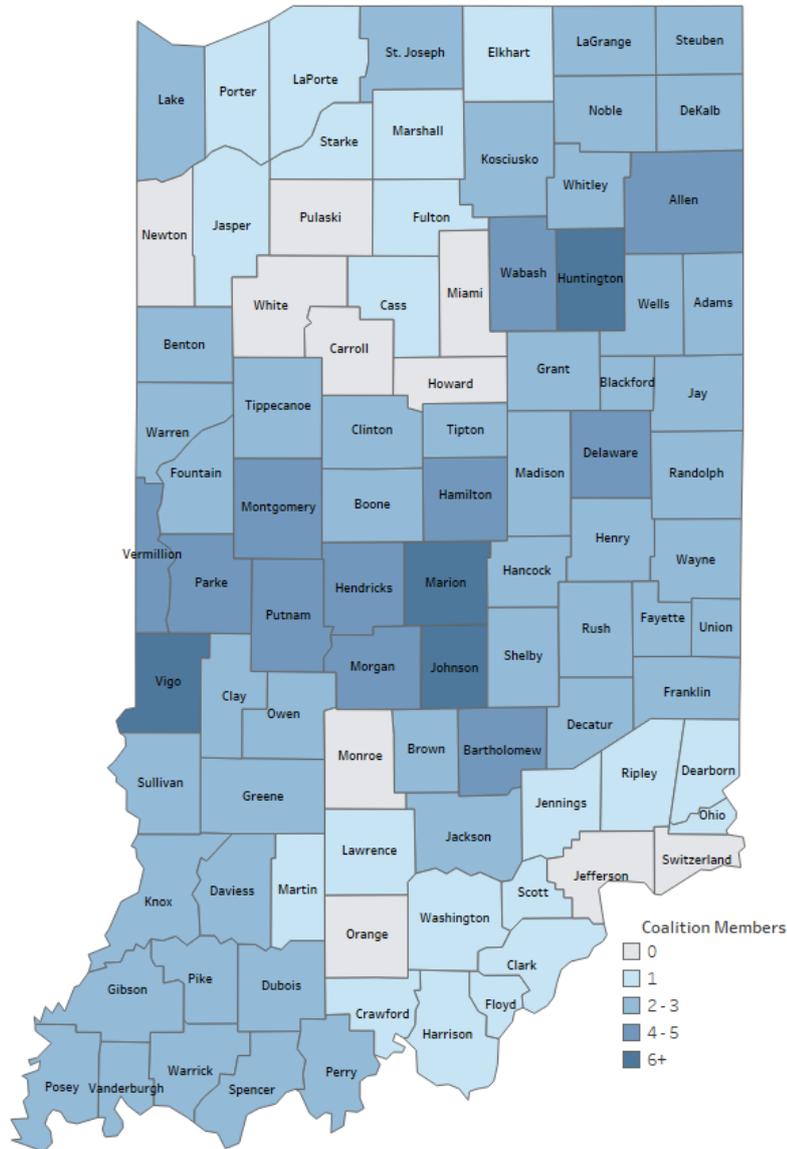
The Hoosier Health and Wellness Alliance (HHWA) was established in 2008 with the title of Indiana Healthy Weight Initiative. It was formed by the Indiana Department of Health to decrease the number of people who are overweight in Indiana. To achieve this, they assisted in the development of Indiana's Comprehensive Nutrition and Physical Activity Plan 2010-2020; a plan that was created by a large and diverse group of individuals and organizations located throughout Indiana. This plan provides a bold and dynamic framework for the action needed across all sectors of Indiana to address poor nutrition, sedentary behaviors, obesity, and individuals who are overweight.

HHWA has expanded its scope to include food insecurity, accessibility, and environmental issues; all risk factors that help community leaders, stakeholders, and champions identify and address root causes of negative health outcomes related to nutrition and physical activity within their communities.

Momentum continues to grow and includes capacity building efforts around parks board development, innovative ways to share the expertise of members, and a furthered level of community engagement not previously seen before. We seek to create and foster collaborative and long-lasting relationships with all Hoosiers we meet, and provide a level of engaged expertise that decreases risk factors and promotes health.



MEMBERSHIP NETWORK



Are you included in our membership map?
Is your county represented in the HHWA network?
Ask us how you can get connected with members
in your area!

Map represents July, 2021 data



MEETINGS & MEMBERSHIP



Coalition meetings occur from 11am-12pm EST on the second Tuesday of odd months.

Members who have completed the membership inquiry should receive a calendar invitation with a zoom link from Connections IN Health, CINH@iu.edu. Reach out to Antonia Sawyer at afsawyer@iu.edu, if you have any questions.

MEMBERSHIP TIERS



General Membership (Entry Level) - General Members receive general information and periodic information from the coalition via email or social media



Partner Membership (Mid-Level) - Partner Members actively attend coalition meetings, participate in the discussion around coalition activity and direction in addition to the previous level.



Active Membership (High Level) - Active Members participate in the coalition workgroups, which seek to engage in coalition activities that propel the current strategic direction that has been approved by the coalition in addition to the previous levels.



WORKGROUPS

Parks Board Working Group

GOALS:

Increase walk/bike-ability, wayfinding signs, trails access, etc. utilizing newly created or established parks board infrastructure.

Increase communication between state entities and county-level parks boards on efforts and outcomes achieved.

ACTION ITEMS:

- Increase the number of state-recognized park boards with the Indiana Department of Natural Resources (IDNR) through the efforts of this group.
- Increase number of new, IDNR-accepted parks and recreation master plans through efforts of this group.
- Increase grants applied for by park boards represented through a working group.
- Increase grants awarded to park boards contacted through a working group.
- Increase parks developed or improved by park boards contacted through a working group

The Healthy Schools Action Team

MISSION:

The Healthy Schools Action Team is a group of organizations that work in partnership with Indiana schools to create healthier environments where all can thrive.

VALUES:

The Healthy Schools Action Team creates healthier school environments through:

Collaboration: Encouraging and assisting in building lasting partnerships among organizations and local education agencies as they strive to improve the health of their students.

Whole Child Awareness: Utilizing the Whole School, Whole Community, Whole Child model as a tool to further integrate a student-centered learning environment.

Health Equity and Access: Addressing barriers to accessing resources related to physical, emotional, and behavioral health wellness.

Advocacy: Changing the culture and climate of the school environment through education and empowerment.

Are you following us on Facebook and LinkedIn @ConnectionsINHealth?

Are you included in our membership map?

Are you receiving our quarterly newsletter, The Connection?

Do you know anyone else who might be interested in joining the coalition? Send them our Membership Inquiry.

Have you listened to our podcasts?

Are you interested in learning more about coalition resources?

Have you visited the Connections IN Health website to learn more about HHWA and our other initiatives?



Thank you for your interest and the work that you are currently doing to enhance the quality of life in Indiana. We are excited to have you join us!

If you have further questions, please contact Antonia Sawyer by emailing afsawyer@iu.edu.



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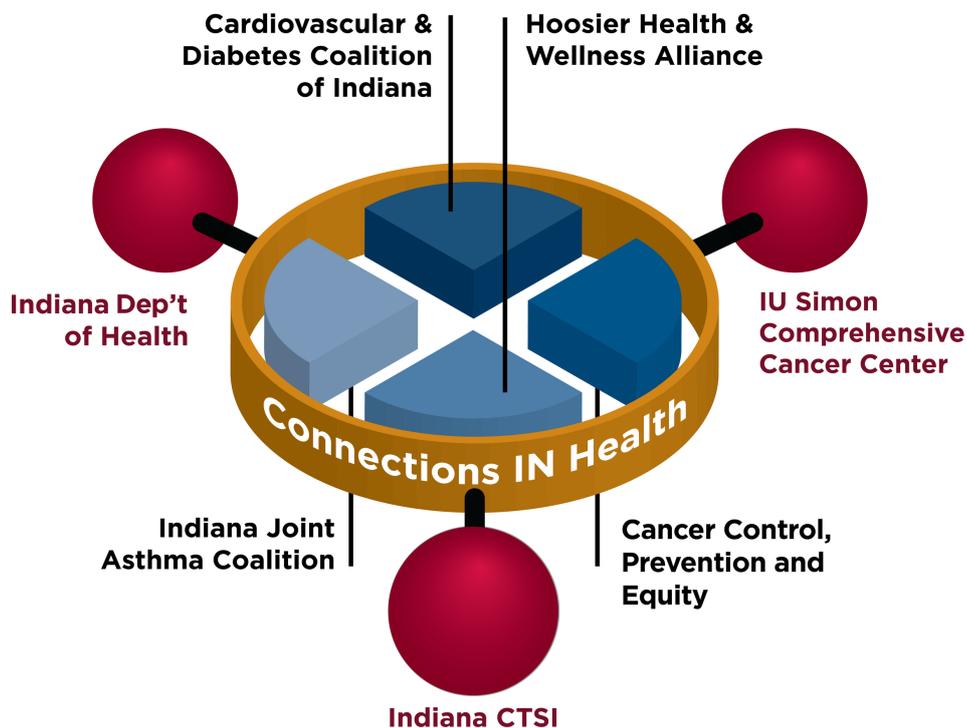
CONNECTIONS IN HEALTH



About Connections IN Health

Connections IN Health supports stakeholders, organizations, advocates, and residents as they come together to improve health and address chronic diseases. Connections IN Health facilitates collaboration within communities by connecting stakeholders with evidence-based practices, identifying funding sources, and addressing health equity for all.

In 2018, HHWA joined two other statewide health coalitions to form the Connections IN Health project, housed in the Indiana Clinical and Translational Sciences Institute as a part of the Community Health Partnerships Program. This team brings experts focused on some of Indiana's most challenging chronic conditions together to partner with residents, stakeholders, organizations, and advocates to improve health by providing evidence-based strategies that address chronic disease and the social determinants of health.



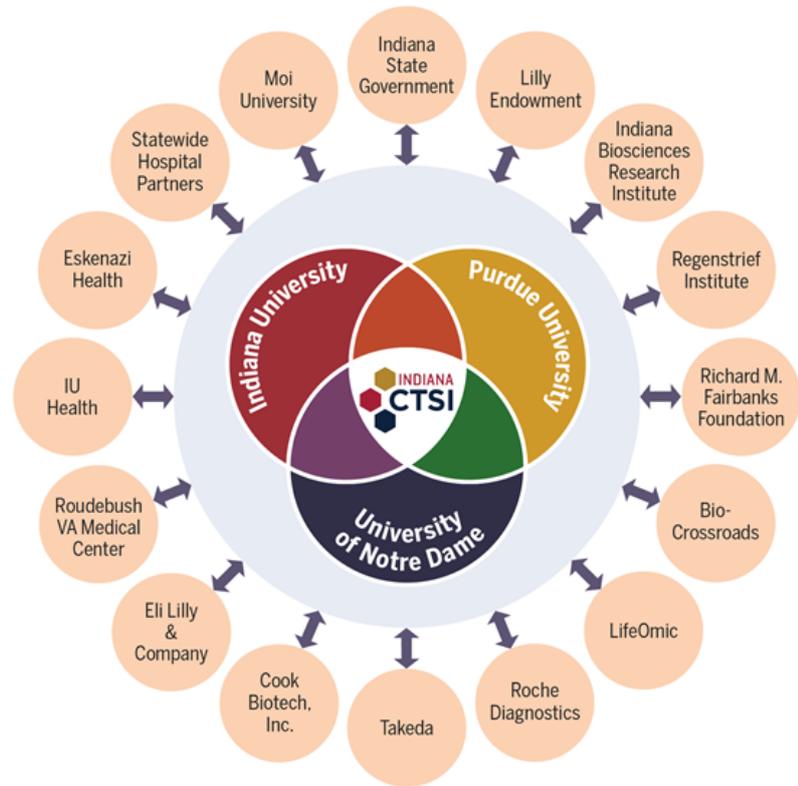
Indiana Clinical and Translational Sciences Institute

Our Vision

We envision an Indiana that is one of the nation's healthier states.

Our Mission

We bring together Indiana's brightest minds to solve the state's most pressing health challenges.



About the Indiana Clinical and Translational Sciences Institute

The Indiana Clinical and Translational Sciences Institute (CTSI) brings together the state's brightest minds to solve Indiana's most pressing health challenges through research. It is a statewide partnership among Indiana University, Purdue University, the University of Notre Dame, and numerous life sciences businesses, government entities, and community organizations. The Indiana CTSI engages with the public at every level of research—from basic science to patient care. It has been continuously funded by multimillion-dollar grants from the National Institutes of Health since the Indiana CTSI's founding in 2008 and is housed at the Indiana University School of Medicine. For more information, visit indianactsi.org.